1: Ammar E, 1-5 (1951) 1954
MR13 Fellahin MR13
Silwa

THE VILLAGE SETTING

life of the villagers—religion. Next to the mosques in appearance and cleanliness are some of the shops and stores. These must have a minimum standard of building requirements, according to official regulations. On the north side of the village stand the police station the post office and the elementary school. As to the fields, they extend to the west of the railway road up to the Nile bank, where the water-pumping works, established in 1932, stands with its modern buildings and garden and electric light.

It is worth mentioning here that each of the ten villages constituting the administrative unit of Silwa has its own name and is separated from its neighbours, however close these may be, by a recognized boundary, e.g. a high mound, a valley, or a stretch of gravel or sand. Each of these villages (or two villages combined, as in the case of four of the villages) has its mosque and village saint tomb with a cemetery attached to it. In spite of the fact that all the villages attached to Silwa trace their origin to one ancestor, as will be discussed later, their spatial separation is associated with sub-divisions in their kinship relations.

The physical characteristics of the inhabitants of these villages show a considerable degree of homogeneity. With their dark skins and long heads, they seem to conform to the ancient Southern Egyptian type.[1] All the inhabitants of Silwa, however, take great pride in describing themselves as descendants of Arab stock related to the Prophet. They refer to their traditions and customs and even their dress as 'Arabian'. Whether their claim is true or not, the belief is of central importance as one of the cohesive forces in the village community, and it is the means by which the villagers, especially the older generation, distinguish their way of life from that of others.[2]

The rhythm of daily life in Silwa hardly varies. The crack of dawn witnesses the muazzin calling for morning prayers; youths and men, mounted on their donkeys or camels, call on each other to climb the hills to fetch the fertilizer. By sunrise, most men and boys are heading towards the fields with their cattle and tools; and by broad daylight the village seems

[1] A. Batrawi, who has studied the physical anthropology of Egyptians, maintains that there is some justification for the usual division of Egypt into Upper and Lower Regions as far as the cephalic index is concerned. The people of Upper Egypt have longer but narrower heads, and longer fingers, feet and forearms than those of Lower Egypt. His study of the living samples of modern Egyptian population from all over Egypt suggests that *they conform more closely to the Ancient Southern type*. Moreover, the distribution of blood groups in present-day Egypt shows that the mass of the population is very homogeneous and there are no significant differences in this respect between the Moslems and the Copts. 'The Racial History of Egypt, Part II—Relationships of the Ancient and Modern Population of Egypt and Nubia', in *Journal of Anthropological Institute*, Vol. LXXVI, 1946, pp. 131–35.

[2] Arab genealogies must be accepted with great caution. The notion of the Arabs as a conquering race, known for their gallantry, honour and power, played effectively on the minds of the indigenous stock of the fellaheen, who showed an earnest desire to be considered members of that race. Many fellaheen have succeeded in linking themselves to an Arab tribe. A. Ammar, *The People of Sharqiya* (Ph.D. thesis, Manchester University), pp. 13–21.

1: Ammar E, 1-5 (1951) 1954
MR13 Fellahin MR13
Silwa

512 almost deserted, except for women going on visits or on business and young children noisily engaged in their games. By sunset the roads leading to the village become busy and crowded with villagers and cattle returning home, who in their hurried endeavour to get their evening meal raise the dense cloud of dust that characterizes the agricultural roads and the village streets during this hour. Some time later, the village witnesses the general exodus of women and girls from the village towards the Nile to fill their water jars, while the men sprawl outside the houses or cluster round a wood-fire in the guest house on cold nights to exchange news, smoke their tobacco and engage in gossip.

369 121 101 In portraying some of the features of the rustic setting and life in Silwa, a question emerges: to what extent is this village under study typical of the rural conditions in Egypt? To such a question an objective answer is almost impossible, considering the fact that there are five thousand large villages and twenty thousand hamlets (izbahs) in Egypt. The writer can only claim with confidence that Silwa is typical of the majority of villages in the province of Aswan. There are certainly differences from one province to another, with regard to the degree of urbanization, the infiltration of agencies of social change such as schools, means of communication, newspapers and radio. On the whole, Aswan, being the farthest province from the metropolis, could be considered relatively the least affected by such factors. It is also known as one of the poorest provinces, as the Nile Valley reaches its narrowest stretch in the south (with the exception of the district of Kom Ombo). Moreover, Silwa, as will be seen later, is composed mainly of small landowners. There are many other villages throughout Egypt where the inhabitants are mainly tenants or part-owners and part-tenants, while many others work as hired labour.[1] With the exception of Kom Ombo, the majority of the land in Aswan produces subsistence crops, while in other provinces cash crops such as cotton and sugar-cane may be the main agricultural crop.

562 189 At this juncture it is important to point out one of the striking differences between most of the provinces of Upper Egypt down to Beni Suef and the other provinces, especially in the Delta. This is while women in the former provinces go about veiled and do not actually work on the fields, those in the latter are neither veiled nor debarred from active work on the farm. The writer cannot satisfactorily account for such a difference and knows of no source that has tackled this question. Is it merely a result of some historical or racial difference between the two parts of the country? Has it some connection with cotton culture and the perennial irrigation which are mainly predominant in the North?[2] Is it an expression of some

[1] See A. Ammar, op. cit.

[2] The cultivation of cotton requires not only a dense population, but one with a birth rate above the average. Charles Issawi, *Egypt—An Economic and Social Analysis*, London, 1947. In the light of this, female labour was perhaps essential for the economic activities in these provinces.

LIVELIHOOD IN SILWA

On this assumption we worked out the following periods of labour required in farming the winter crop, and this was generally accepted by the persons to whom we showed it.

Soil preparation and seed sowing: 10 days.
Collecting fertilizer: 2 months.
Distributing the fertilizer on the land: 3 days.
Irrigation (4 times, 2 days each time): 8 days.
Harvesting: 15 days.

As the farmer usually goes to his farm at sunrise (though unpunctuality, due to laziness, is not infrequent, specially in the case of men) and returns at sunset, he then works an average of 10 hours a day, less the interruption of about two hours for the midday meal (sometimes taken in the field, other times at home). Thus the net amount of daily work can be estimated at 8 hours.

In this way the assumed productive unit works the following hours.

For the winter crop:
Soil preparation and sowing: 80 hours adult male; 80 hours 13-year-old.
Bringing fertilizer (a load a day, involving 4 hours' work for 2 months): 240 hours 13-year-old.
Distributing fertilizer on the land: 16 hours.
Mixed labour in irrigation involving the man and 2 boys: 64 hours.
Harvesting: 120 hours adult male; 120 hours 13-year-old.
Total: 720 hours or 3 months' work.

Here is computed the specific hours involved in distinctly farm activities to the exclusion of minor jobs, such as feeding the animals, bringing food home, etc., which we assume the boy of eight years old to undertake, and the time for which cannot be reasonably computed. The following summarizes the basic work required with respect to the summer crop.

Preparation and sowing: 7 days.
Gathering fertilizer: 3 months.
Distributing fertilizer (twice, 3 days each time): 6 days.
Irrigation (8 times, 2 days each time): 16 days.
Harvesting: 15 days.

The hours involved are as follows:
Soil preparation and sowing: 56 hours adult male; 56 hours 13-year-old.
Collecting fertilizer: 360 hours 13-year-old.
Distribution of fertilizer: 48 hours adult male.
Mixed labour in irrigation: 128 hours.
Harvesting: 120 hours adult male; 120 hours 13-year-old.
Total: 888 hours (approximately 4 months).

2: Blackman E-5 (1920-1926) 1927
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Upper Egypt

THE FELLĀḤĪN OF UPPER EGYPT

CHAPTER I

EGYPTIAN VILLAGES AND THEIR INHABITANTS

THE natural barriers of Egypt (Fig. 1) have enabled the inhabitants, particularly those of the upper country, to live in comparative isolation throughout the whole of their history. On the north side lies the sea, along the east and west sides stretch vast, almost waterless deserts, while to the south ingress by way of the Nile is impeded by a series of cataracts. Their geographical isolation has doubtless been responsible for the characteristic conservatism of the Egyptian peasants. This conservatism is particularly apparent in their religious and social customs and their commoner industries, which, as will be more especially seen in the final chapter, have remained almost, if not entirely, unchanged from Pharaonic times.

The vast solitudes of the deserts are terrifying to the country folk, most of whom, up to the present day, cannot be induced to traverse even the lower fringes of those wastes after sunset (see Fig. 2). Fear of hyenas, and, still more, fear of *'afārīt*,[1] forbids any man to venture beyond the cultivation at night. The ordinary peasant, unless he is obliged to remain in the fields either to protect his crops or to watch over his sheep and goats, returns to his village before sunset, remaining there until just before the dawn of the following day.

The deserts have proved themselves valuable defences against invasion, the peoples who conquered the country at different periods of its history having usually entered it from the north-east. These invaders do not seem to have left any very marked impression on the physical aspect of the Upper Egyptians at any rate; most of these still bear a striking facial resemblance to the ancient inhabitants of the land whom we see depicted on the walls of the temples and tomb-chapels and in the portrait-statues of the Old,

[1] See Chapter XIV.

9: Klunzinger D-5 (1863-1875) 1878
MR13 Fellahin MR13
Upper Egypt

CHAPTER III.

WORKING DAYS AND HOLIDAYS, DAYS OF JUBILEE AND DAYS OF MOURNING.

WORKING-DAY LIFE OF THE COMMON PEOPLE.

In Upper Egypt the life of the ordinary inhabitant of the towns is passed in a simple and uniform manner. Before sunrise he leaves his couch, performs the morning ablutions enjoined by his religion, and repeats his early prayer. To say his morning prayer after sunrise is forbidden by the ordinances of his religion, and to allow the sun to rise above one's slumbering head is universally regarded as prejudicial to health. He then drinks his cup of coffee and smokes his pipe, either at home or in the public coffee-house. His breakfast, which he takes after his coffee (though sometimes before it), consists of the remains of his meal of the previous evening, or of cakes and milk, or for a trifle he procures from the market the ever ready national dish of *ful*, that is, stewed beans. He then engages in his vocations, buys, sells, writes, works, or moves about all in the most comfortable, quiet, and deliberate manner. "What is not done to-day may be to-morrow"—in good Arabic, *bokra in shak Allah* (to-morrow if God please)—stands written on his forehead in large letters. The most urgent affairs leave always a quarter of an hour free in which to gossip with acquaintances over coffee and a pipe, be it in retail-shop, workshop, or office. And if many acquaintances turn up the more numerous grow these quarters-of-an-hour. Now and again he has no work, or no desire to do it, and then he drags himself from one friend to the other. Bread for himself and his family will no doubt turn up; *robinna kerim*—"the Lord is gracious (or liberal);" it is but little he requires, and in case of necessity his soft-hearted neighbour will not allow him to go supperless to bed. Even before the mid-day call of the muezzin from the minaret, he

[p. 158]

[pp. 1-157 not processed]

9: Klunzinger D-5 (1863-1875) 1878
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has made his preparations for the hour of prayer, and after the performance of his devotions he returns home and enjoys his simple dinner. This consists for the most part only of bread with fruits or with white country cheese, milk, salt fish, or molasses (the so-called black honey).

He takes care not to make his mid-day sleep too short, especially in the long warm days of summer, and he lies down in his house or in his shop, in the café, or in any shady spot in the open air; at this time the streets and markets become deserted. Not till well through the afternoon does he again move, when he begins the second portion of the day as he did the first, with ablutions, prayers, and coffee, afterwards bestirring himself with some energy to make up during the remainder of the day for the time he has dreamed and trifled away. For this remainder is but short, and with the last rays of the setting sun the call from the minaret is again heard, the trader shuts his shop, the workman flings by his tool, the scholar, the writer, and the man of learning shut their books. This dawdling habit, which, in the province, at least, is the rule, is not, however, solely the result of indolence, but arises more from the fact that little trade or industry exists, and the want of a regular weekly day of rest is also not without blame. The natives when necessary often display the greatest ardour and even steady perseverance.

The cultivation of the fields allows the countryman less leisure for the *dolce far niente*, but even he does not overwork himself. From the mellowness and fertility of the soil his labour is light enough when compared with that of a northern peasant, and chiefly consists in the artificial watering of the land, effected mostly by the labour of young people or of cattle. When he can the countryman also takes his hours of idleness, and sleeps, and gossips, and sings. He too is never in a hurry. This slowness of action, intimately connected as it is with fatalism, is as intolerable to a European who is in haste, as it is beneficial to one who wishes to rest a little from the hurry and scurry of the West.

After his evening devotions the dweller in the town moves

9: Klunzinger D-5 (1863-1875) 1878
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After his evening devotions the dweller in the town moves homeward to his house, where his supper is already awaiting him. At this meal, which is generally the principal meal of the day, he quite acts the gourmand. His wife brings it to him on a round wooden board elevated on pieces of wood or short feet (*tablieh*); among richer people a shield-like metal plate (*sanieh*) is used instead. The basis of the meal is bread made of wheat or millet flour, or hot unleavened cakes—of which he devours incredible quantities—baked over a fire of dung. His wife has also boiled or fried for him a fish with onions and oil, or there lies in the pot a young pigeon or a fowl, the juice of which tastes excellently when the cakes are dipped in it. Sometimes also a small piece of mutton, buffalo, camel, or goat flesh has been procured, with which the soaked *bamiyehs* or the viscous-juiced, spinach-like *molueliieh* are cooked. These, however, are the more expensive viands, and in the evening also people on ordinary occasions are satisfied with the *ful*, which has become so much a national dish, and which (beans in general), according to Herodotus, was forbidden to the ancient Egyptians, or at least to the priests, and hence also to the Pythagoreans. Other dishes are such as lentils boiled in water without flesh, ful with molueliieh, a thick flour paste, coarsely ground barley or wheat, a cake made with butter, an omelet, fruit, roasted grain, salt, and caraway, and especially raw onions. All these except ful were also eaten by the ancient Egyptians, with the addition of papyrus and lotus. The consumption of lentils was so general that Strabo believed that the nummulites of the mountains were the fossilized remains of the lentils used by the labourers. Whenever it is possible two or three kinds of dishes must be on the table, and the inhabitant of the town tastes of them indiscriminately, taking a piece now from this, now from that.

After the evening meal our citizen either remains at home enjoying a dignified ease in his harem, or he takes up his position before his house, stretched out in the dust of the street, or squatting amidst a knot of peaceful neighbours; less frequently he visits the café again, or calls on a friend in his house or court-yard if he has a friend able and ready to

9: Klunzinger D-5 (1863-1875) 1878
MR13 Fellahin MR13
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gather his friends around him for a social meeting in the evening. The light of the moon and stars suffices, or if in winter they must retreat into the dark chamber, the weak glimmer of an oil-lamp. In this country nothing is known of nocturnal labours either of hand or head even among the learned, and the many blind and blear-eyed people that here wander about have not contracted their ailments through overstraining their eyes. As to-day is, so is to-morrow, and the most momentous events passing in the great world here make on most people no impression whatever. For it is only a very few that receive a newspaper, and still fewer understand it, partly because its language is too fine, and therefore not suited to the mass, partly because the necessary previous knowledge of every kind is absent. Among the ancient Egyptians the common people, such as artisans, were forbidden under severe penalties to mingle in politics. It is only the most urgent necessity that causes the citizen to take a journey, and when he does travel he makes a pilgrimage to Meccah, or, at most, goes to some other country in which Islam prevails. For in the land of the Franks something would every instant come into collision with his ideas and customs; he would have to eat, if not swine's flesh, yet dishes in which swine's fat forms an ingredient; he would have to eat carrion (that is, the flesh of animals strangled, and not slaughtered with an invocation to God); he would not have the proper conditions for the performance of his religious duties, such as his ablutions and prayer five times a day, nor any mosque or muezzin. If he ever happens to have been in Europe, or even in a town in which the Frankish mode of life prevails, he never ceases to tell his countrymen of the ridiculous and preposterous things he saw there, of course not without admitting that there was much good also, especially if there be a Frank among his audience. The ancient Egyptians had a still stronger prejudice and fanaticism against foreign people and foreign things.

512 [514] [461] [204] 484 [488] [186] [521]

LIFE OF THE WOMEN.

512 562

Though the members of the opposite sex certainly do not

9: Klunzinger D-5 (1863-1875) 1878
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512 groan and languish under the burden of their daily labours,
562 yet they do not, as the common descriptions of harem life lead us to believe, recline the live-long day on the soft divan enjoying the *dolce far niente*, adorned with gold and jewels, smoking, and supporting upon the yielding pillow those arms that indolence makes so plump, while the eunuchs and female slaves stand before them watching their every sign, and anxious to spare them the slightest movement. Such slothful dames may indeed be found here and there in the harems of the great, but are not confined to this country. People fall again and again into the mistake of comparing the life of the women of our middle ranks with that of those that occupy the harems of the great! The care of house and family lies much more heavily upon the women here, and there is enough to attend to even if, being assisted by female slaves, as is the case in the higher ranks, they have not to put to their hands themselves, and confine themselves only to giving orders. Cooking, baking, sewing, embroidering, washing, and scouring must be carried on, and children must be attended to here as well as elsewhere—there is no reading nor pianoforte playing, however.

[513] Before sunrise women and children are already awake and moving, many indeed under cover of the dark gray dawn pro-
515 ceed to the river to bathe and wash themselves. The toilette,
[512] however, is not usually the first thing that demands attention; the kitchen must first be attended to in order to let the husband away to his occupation. A complete toilette including combing and plaiting of the hair is not in many cases indulged in every day even among ladies of the better class. In this way time and trouble are spared, but a certain class of vermin are left almost unmolested, and establish themselves often so firmly among the black locks of the Eastern beauties that they cannot be extirpated notwithstanding the raids that are made upon them from time to time—even with the application of gray mercurial ointment. As a rule the toilette is associated with a bath, to which praiseworthy enjoyment high and
[368] low are attached, whether it be taken in the public bathing establishment, in the river, the sea, or at home by means of

9: Klunzinger D-5 (1863-1875) 1878
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a shallow tub, and by pouring warm water over the body and scrubbing it with soap and date bast. In the public baths certain hours or days are set apart for the fair sex, and here many women spend half days bathing, adorning themselves, smoking, and gossiping. At these times no male, not even a eunuch would dare to set foot in the apartments.

In other respects also the women are by no means robbed of social pleasures. They visit each other often enough, if possible early in the morning, and are wont to remain half a day, a whole day, or even several days, though both parties may be in the same town. They smoke, drink coffee (the latter being less in use among the women than among the men—the opposite to what holds good among the Franks), gossip, show their ornaments and finery, tell stories and wonderful tales, sew, embroider (but do not knit), sing and dance, or better, make some one sing and dance before them (since a well-conducted lady ought neither to be seen nor heard, and therefore should not sing), laugh and make merry —in short the harem so greatly pitied elsewhere enjoy life, but on the sole condition, that no man be present! They are less often allowed to take a walk in the open air; some—and this is considered a great virtue—never leave the house after their marriage. Their lady friends come to visit them instead, and as almost every house in these regions has its court-yard or a terrace, women are by no means kept out of the open air. Moslim women are generally excused from the burdensome prayers of the men, and pious or even hypocritical women are in the Moslim female world a great rarity; indeed they scarcely know the most important doctrines of their religion. Piety in them is even looked upon with dislike.

At mid-day the husband always eats alone, or with his boys or guests. Immediately afterwards, however, the wife again comes into honour since her lord likes to enjoy his siesta in the chambers of the harem. After sunset no respectable woman must show herself outside the house, even though veiled and attended, and now, or some hours later, the husband

9: Klunzinger D-5 (1863-1875) 1878
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562 again repairs to the sacred apartments of those denied to all
[517] but himself.

In the feeling of the Moslim the harems are not citadels of jealousy, in which the husband keeps penned up a considerable flock of luxurious indolent beauties. This representation, so current in the land of the Franks, is spurned by the Oriental with indignation. The women's apartments are
[834] rather places sacred and inviolable, where the *harim* (singular *hurme; hárem* is meaningless), that is "the prohibited," the women, the *family*, and therefore the husband's dearest treasure must be guarded from profane glances and frivolous influences. As above remarked, they are by no means im-
[554] prisoned, with the exception perhaps of the women of the
[834] highest ranks, they are merely kept and brought up, so that they may shut themselves off by their veils both in the home and outside from all strange men; among themselves they enjoy the freest intercourse. Such a harem existed already
[191] among the ancient Greeks under the less hostilely regarded name of *gynaikeion*, and even yet the Greek women are not completely emancipated, and are very strictly looked after. Besides, the native Christian women, at least in Upper Egypt, are even more than those of the Moslim "prohibited." Among the ancient Egyptians, however, they were very free, and went unveiled. In consequence of being thus shut up
[184] the oriental women have almost come to form a separate caste,
[554] whose laws the men have to respect. This caste has its female sheikhs, for which dignity the midwives and bathing women in particular are selected, has its medical art, its songs and music, its fashions, almost its own language indeed,
[195] at least so far as expressions are concerned, and unlimited rule over the little children belonging to it. From the round of its meetings even the master of the house is inexorably excluded. Of course, according to the law, the woman is the
[834] servant of the man; she has not the right to sit at a common
[264] table with her husband; on the street he shyly avoids his
[783] veiled spouse; she is even treated by religion as an object of pollution, contact with which demands a full bath before the believer can again perform his devotions; and when men-